

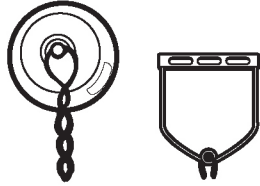
# Throwing events



The athletics events in which competitors throw objects are the hammer throw, shot put, javelin and discus throw.

1. Match each sentence beginning to its end. Use the picture clue to help.

(a) A hammer is ...



● a heavy metal ball which is supported and pushed from near the neck.

(b) A shot put is ...



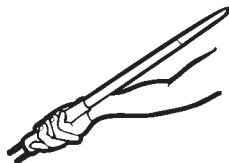
● a spear about 2.5 metres long.

(c) A discus is ...



● a heavy metal ball attached to a long chain and handle.

(d) A javelin is ...



● a heavy circular disc weighing about two kilograms.

2. Use each clue to find a small word in each larger word.

(a) hammer (meat from the hind part of a pig) \_\_\_\_\_

(b) shot put (having a high temperature) \_\_\_\_\_

(c) discus (a round, flat object) \_\_\_\_\_

3. Circle two two-letter words in 'hammer' and 'discus' and one in 'javelin' using different coloured pencils. Write them below.

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4. Write as many words using the letters in the word 'shot put' as you can on a blank sheet of paper.



# Numbered events



The decathlon is a large athletic event made up of ten track and field events:

- 100-m run
- shot put
- 400-m run
- discus throw
- javelin
- long jump
- high jump
- 110-m hurdles
- pole vault
- 1500-m run

The event is held over two days and won by the athlete with the highest score overall. Usually only men compete in the decathlon.

The heptathlon is a large athletic event made up of seven track and field events:

- 100-m hurdles
- shot put
- long jump
- 800-m run
- high jump
- 200-m
- javelin throw

The event is held over two days and won by the athlete with the highest score overall. Usually only women compete in the heptathlon.

Put a tick in the correct columns to find out what is the same and what is different.
















	Decathlon	Heptathlon
Ten events		
Seven events		
Running		
Shot put		
High jump		
Long jump		
Hurdles		
Discus throw		
Javelin		
Two days long		
Men compete		
Women compete		

# Long-distance events



Read and follow each clue to find the name of these Games long-distance events.

START HERE-1				START HERE-2
<p>I am a long running race.</p> 	<p>I am an event involving throwing objects.</p> 	<p>I am an event involving horses.</p>	<p>I involve jumping obstacles.</p> 	<p>I am a long walking race.</p>
<p>I cover a distance of 100 m.</p> 	<p>I cover a distance of about 40 kms.</p>	<p>I cover a distance of 100 km.</p> 	<p>I cover a distance of 20 or 50 kms.</p>	<p>I cover a distance of 400 m.</p>
<p>I am a road race.</p> 	<p>Only men can compete in me.</p> 	<p>Both men and women can compete in me.</p>	<p>Only women can compete in me.</p> 	<p>I am a team event.</p>
<p>I am contested in a swimming pool.</p> 	<p>I appeared at the first Olympic Games in 1896.</p>	<p>I have strict rules for competition.</p>	<p>I am possibly named after the run of a Greek messenger.</p>	<p>I am contested in an indoor venue.</p>
<p>I am an event included only recently.</p> 	<p>Warnings are given using a yellow paddle.</p> 	<p>Walkers must not lose contact with the ground or bend their knees.</p>	<p>I am an event which requires speed, not endurance.</p> 	<p>I am usually the last event held in the Games.</p> 
<p>I am a relay race.</p>	<p>I am the decathlon.</p>	<p>I am the 20-km and 50-km walk.</p>	<p>I am the marathon.</p>	<p>I am synchronised swimming.</p>